# AIRO2023

### BOLOGNA, 27-29 OTTOBRE 2023

PALAZZO DEI CONGRESSI

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

## Ciammella Patrizia Reggio Emilia





Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

# DISCLOSURE

None



# **AIRO20**23

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

XXXIII CONGRESSO NAZIONALE AIRO ALAZO DEI CONGRESSO ALAZZO DEI CONGRESSI Radioterapia Oncologica: l'evoluzione al servizio dei pazienti STUDIO PROSPETTICO DI FASE 2 SULLA RADIOTERAPIA STEREOTASSICA ABLATIVA DOPO CHEMIOTERAPIA DI INDUZIONE NEI PAZIENTI CON TUMORE DEL PANCREAS LOCALMENTE AVANZATO NON RESECABILE: RISULTATI FINALI DELLO STUDIO LAPCO2 (NCT03158779)

TIZIANA COMITO M.D.

Radioterapia e Radiochirurgia. Humanitas Clinical and Research Center – IRCCS *tiziana.comito@humanitas.it* 



**AIRO20**23

Unresectable

LAPC

(30-40%)

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

Chemotherapy or Radiotherapy alone

**Chemo- radiation treatment** 

Induction chemotherapy + chemoradiotherapy

• Induction chemotherapy + SBRT

improve systemic disease control

local control rates ranging from 70 to 100%

short treatment duration



# AIRO2023 SBRT in nation

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

# SBRT in patients with unresectable LAPC

Authors, Year	Phase	Therapy	Gy/fx	n	mOS months	2yr OS %	Toxicity > Grade 3
Hoyer, 2005	II	SBRT	45/3	22	5.7	0	18%
Schellenberg, 2008	II	Gem SBRT> Gem	25/1	16	11.9	18	19%
Schellenberg, 2011	Ш	Gem> SBRT> Gem	25/1	20	11.8	20	5%

Metanalysis 2020: SBRT vs. Conventional RT → 2yrs OS 26.9% vs. 13.7%

## $\rightarrow$ BED $\geq$ 70 Gy

Ejlsmark MW, Schytte T, Bernchou U, Bahij R, Weber B, Mortensen MB, Pfeiffer P. Radiotherapy for Locally Advanced Pancreatic Adenocarcinoma-A Critical Review of Randomised Trials. Curr Oncol. 2023 Jul 18;30(7):6820-6837. doi: 10.3390/curroncol30070499. PMID: 37504359; PMCID: PMC10378124

BOLOGNA, 27-29 OTTOBRE 2023 PALAZZO DEI CONGRESSI

He

Co He

Te Ejl: Mi

Bo





# **Ongoing Trial**

Trial Number, Name	Stage	Phase	Therapy	RT Gy/fx	n	Primary Endpoint	Expected Completion
NCT04089150 MASTERPLAN	brPC LAPC	RII	GnP or mFFX GnP or mFFX $\Longrightarrow$ SBRT	40/5	120	Local control	2025
NCT04331041	brPC LAPC	RII	$\begin{array}{l} \text{Chemo} \Longrightarrow \text{SBRT} \\ \text{Chemo} \Longrightarrow \text{SBRT} + \text{defactenib} \end{array}$	50/5 50/5	42	PFS	2025
NCT04986930 SABER	LAPC	RII	$\begin{array}{l} \text{mFFX} \\ \text{mFFX} \Longrightarrow \text{SBRT} \end{array}$	35/5	92	PFS	2024
NCT05083247 STEREOPAC	brPC	RII	GnP or mFFX GnP or mFFX $\Longrightarrow$ SBRT	35/5	256	DFS	2030
NCT05585554 LAP-ABLATE	LAPC	-	Chemo Chemo $\Longrightarrow$ SBRT	50/5	267	OS	2028
NCT04881487 ARCADE	Recur	RII	Chemo Chemo $\Longrightarrow$ SBRT	40/5	174	OS	2028

Ejlsmark MW, Schytte T, Bernchou U, Bahij R, Weber B, Mortensen MB, Pfeiffer P. Radiotherapy for Locally Advanced Pancreatic Adenocarcinoma-A Critical Review of Randomised Trials. Curr Oncol. 2023 Jul 18;30(7):6820-6837. doi: 10.3390/curroncol30070499. PMID: 37504359; PMCID: PMC10378124.



**AIRO20**23

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

# Take Home Messages

SBRT in LAPC

- Valid integration with systemic therapy
- Safe and well tolerated with adeguate IGRT
- Associated with improved local control (above all with dose escalation!).
- Time saving
- Lack of randomised studies to support its use in LAPC.





AIRO2023

BOLOGNA, 27-29 OTTOBRE 2023 PALAZZO DEI CONGRESSI

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

CONTRACTOR OF THE

Early salvage radiotherapy in patients with intermediate-risk prostate cancer: is it feasible? Preliminary results of a prospective study on 721 patients (EASY-1: EArly Salvage RadiotherapY-1).

Radioterapia di salvataggio precoce nei pazienti con carcinoma prostatico a rischio intermedio: è fattibile? Risultati preliminari di uno studio prospettico su 721 pazienti (EASY-1: EARly Salvage Radiotherapy-1). XXXIII CONGRESSO NAZIONALE AIRO

Letizia Cavallini Radiation Oncology, IRCCS Azienda Ospedaliero-Universitaria di Bologna, Bologna, Italy; Department of Medical and Surgical Sciences (DIMEC), Alma Mater Studiorum University of Bologna. Radioterapia Oncologica: l'evoluzione al servizio dei pazienti



BOLOGNA, 27-29 OTTOBRE 2023 PALAZZO DEI CONGRESSI

### Dott.ssa Giulia Marvaso

Istituto Europeo di Oncologia, Milano Università degli studi di Milano giulia.marvaso@ieo.it





# **AIRO20**23

#### Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

### Marvaso et al.

- Retrospective multicentric study
- Inclusion criteria:
  - Pts who underwent RP and salvage RT
  - Pts who had detectable PSA at BCR
  - Pts with pNO or <u>pN1</u> at surgery
  - 2 years of follow-up
- 1625 pts (all underwent salvage RT)
- Median follow-up: 4.20 yrs (2.49, 6.28)
- Median time from surgery to salvage= 2,1 years
- Median PSA at BCR= 0.26 ng/ml
- HT = 23%
- LN RT= 38%

### Cavallini et al.

- Prospective monocentric study
- Inclusion criteria:
  - PCa treated with RP
  - pT2 R1
  - pT3a, any R
  - pT3b R0
  - PSA<0.01ng/ml at 40 days</li>
  - <u>NO pN1</u>
- 721 pts
- 64 (9.3%) with BCR; 60/64 pts (90%) treated with sRT
- Median follow up= 39 months (2-72)
- Median time from surgery to salvage= 15 months
- Median PSA at BCR= 0.21 ng/ml
- HT = 95% (median duration 12 months, range: 6-25)
- LN RT= 67%



# AIRO2023

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

### Marvaso et al.

### • High risk of BCR:

- pT 3 or 4
- ISUP 4 or 5

### Cavallini et al.

- HIgh risk of BCR:
  - ISUP 4-5
  - pT3a R1





# AIRO2023

Characteristics	RADICALS-RT	GETUG-AFU 17	TROG 08.03/ANZUP RAVES	
N° pts	1396	424	333	
Accrual period	11/2007-12/2016	07/2008-06/2016	03/2009-12/2015	
Key inclusion criteria	+ margins; pT3a/pT3b/pT4; GS 7-10	+ margins; pT3a/pT3b	+ margins; pT2/pT3a/pT3b	
RT schedule	66/33 or 52.2/20	66/33	64/32	
Randomization	ART vs. early SRT (identical at PSA >0.1 ng/ml)	ART vs. early SRT at PSA >0.1 ng/ml	ART (PSA <0.1 ng/ml) vs. early SRT (PSA >0.2 ng/ml)	
ART timing	<u>≤</u> 6 m of RP	<u>&lt;</u> 6 m of RP	<u>&lt;</u> 6 m of RP	
eSRT timing	<u>&lt;</u> 2 m of trigger PSA	As son as possible after PSA relapse and before PSA is 1 ng/ml	<u>&lt;</u> 4 m of trigger PSA	
Primary outcome	FFDM	EFS	FfBF	
Trial design	Superiority	Superiority	Non-inferiority	
Median FU (yr)	4.9	6.25	6.1	
5 yr BPFS	85% vs. 88% (p=0.56)	92% vs. 90% (p=0.42)	86% vs. 87% (p>0.05)	
OS or MFS	n.r.	n.r.	n.r.	
Side effects	SR Urinary incontinence 1 yr: 4.8 vs. 4 (p=0.0023); urethral stricture grade ¾ 2 yr: 6% vs. 4% (p=0.02)	LT grade ≥2 GU 27% vs. 7% (p<0.001); ED 28% vs. 8% (p<0.001)	LT grade <u>&gt;</u> GU: 70% vs. 54% (p=0.002)	



**AIRO20**23

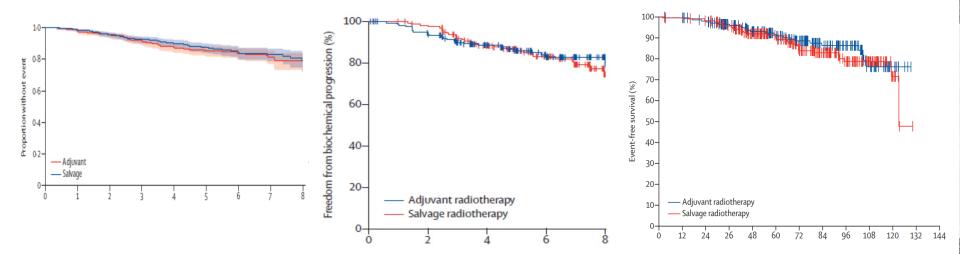
Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

## **Comparison curves**

RADICALS-RT

TROG 08.03/ANZUP RAVES

GETUG-AFU 17





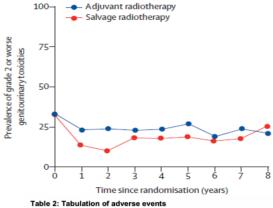
# AIRO2023

#### Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

#### RADICALS-RT

	Early (<2 years)	)		Late (≥2 years)				
	All (n=1372)	Salvage radiotherapy (n=696)	Adjuvant radiotherapy (n=676)	p value	All (n=1220)	Salvage radiotherapy (n=621)	Adjuvant radiotherapy (n=599)	p value
Diarrhoea								
Grade 1 or 2	372 (27%)	112 (16%)	260 (38%)	<0.0001	153 (13%)	50 (8%)	103 (17%)	<0.0001
Grade 3	13 (1%)	3 (<1%)	10 (1%)		7 (1%)	2 (<1%)	5 (1%)	
Grade 4	0	0	0		1 (<1%)	0	1 (<1%)	
Proctitis								
Grade 1 or 2	196 (14%)	47 (7%)	149 (22%)	<0.0001	111 (9%)	34 (5%)	77 (13%)	<0.0001
Grade 3	11(1%)	3 (<1%)	8 (1%)		7 (1%)	1 (<1%)	6 (1%)	
Grade 4	0	0	0		0	0	0	
Cystitis								
Grade 1 or 2	255 (19%)	84 (12%)	171 (25%)	<0.0001	122 (10%)	42 (7%)	80 (13%)	<0.0005
Grade 3	16 (1%)	5 (1%)	11 (2%)		10 (1%)	4 (1%)	6 (1%)	
Grade 4	1 (<1%)	0	1 (<1%)		0	0	0	
Haematuria								
Grade 1 or 2	96 (7%)	25 (4%)	71 (11%)	<0.0001	95 (8%)	25 (4%)	70 (12%)	<0.0001
Grade 3	22 (2%)	2 (<1%)	20 (3%)		26 (2%)	2 (<1%)	24 (4%)	
Grade 4	0	0	0		0	0	0	
Urethral strict	ure							
Grade 1 or 2	62 (5%)	21 (3%)	41 (6%)	0.020	55 (5%)	19 (3%)	36 (6%)	0.0025
Grade 3	64 (5%)	27 (4%)	37 (5%)		39 (3%)	13 (2%)	26 (4%)	
Grade 4	5 (<1%)	3 (<1%)	2 (<1%)		3 (<1%)	3 (<1%)	0	

### TROG 08.03/ANZUP RAVES



### GETUG-AFU 17

	Adjuvant radiotherapy group (n=212)			Salvage radiotherapy group (n=212)		
	Grade 1-2	Grade 3	Grade 4	Grade 1-2	Grade 3	Grade 4
Gastrointestinal disorders	112 (53%)	0	0	42 (20%)	1 (<1%)	0
Diarrhoea	60 (28%)	0	0	17 (8%)	0	0
Proctitis	27 (13%)	0	0	6 (3%)	0	0
Anal inflammation	22 (10%)	0	0	5 (2%)	0	0
Intestinal obstruction	0	0	0	0	1 (<1%)	0
General disorders and administration site conditions	100 (47%)	2 (1%)	0	42 (20%)	1 (<1%)	0
Hot flush	81 (38%)	2 (1%)	0	35 (17%)	1(<1%)	0
Asthenia	41 (19%)	0	0	19 (9%)	0	0
Metabolism and nutrition disorders	0	1 (<1%)	0	0	0	0
Type 2 diabetes	0	1 (<1%)	0	0	0	0
Renal and urinary disorders	143 (67%)	2 (1%)	1 (<1%)	53 (25%)	1(<1%)	0
Increased urinary frequency	106 (50%)	1 (<1%)	0	37 (17%)	1 (<1%)	0
Urinary incontinence	47 (22%)	1 (<1%)	0	10 (5%)	0	0
Dysuria	32 (15%)	0	0	13 (6%)	0	0
Urinary retention	1(<1%)	0	1 (<1%)	0	0	0
Reproductive system and breast disorders	16 (8%)	1(<1%)	0	10 (5%)	1(<1%)	0
Erectile dysfunction	10 (5%)	1(<1%)	0	6 (3%)	1(<1%)	0
Skin and subcutaneous tissue disorders	25 (12%)	0	0	16 (8%)	0	0

# Higher rates of toxicity in the aRT arms

5
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)
0 (0%)



**AIRO2023** 

### **ARTISTIC meta-analyisis**

PRIMARY ENDPOINT

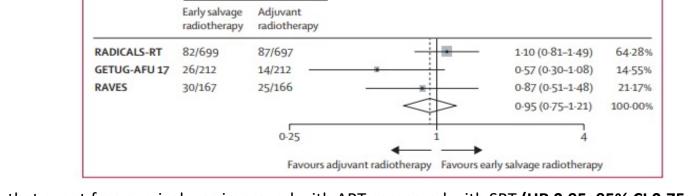
THE LANCET

Oncology

2020

**Event-free survival:** the time from randomisation until the first evidence of either biochemical progression (PSA  $\ge 0.4$  ng/mL and rising after completion of any postoperative RT), clinical or radiological progression, initiation of a nontrial treatment, death from prostate cancer, or a PSA  $\ge 2.0$  ng/mL at any time after randomisation.

HR (95% CI)



Events/patients

No evidence that event-free survival was improved with ART compared with SRT (HR 0.95, 95% Cl 0.75–1.21; p=0.70) Only a 1 percentage point (95% Cl –2 to 3) change in 5-year event-free survival: (89% vs 88%). Results were consistent across trials (heterogeneity p=0·18; l<sup>2</sup>=42%)

BOLOGNA, 27-29 OTTOBRE 2023 PALAZZO DEI CONGRESSI



Weight

# **AIRO20**23

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

## Conclusions

- eSRT and aRT offer apparently similar outcomes for event-free survival (even if studies are formally negative).
- eSRT spares many men from receiving radiotherapy and associated side-effects.
- Patients should be informed about the choice among immediate (adjuvant) or deferred (salvage) RT
- Incontinence to choice early salvage RT
- Pathological factors (pT3b, GS 8, pN+, some R1) for adjuvant RT

# **OPEN QUESTIONS:**

- HT?
- eSRT volumes?





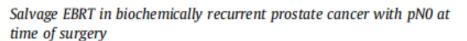
**AIRO**2023

Radiotherapy and Oncology 183 (2023) 109544

Contents lists available at ScienceDirect Radiotherapy and Oncology journal homepage: www.thegreenjournal.com

**Original Article** 

ESTRO-ACROP recommendations for evidence-based use of androgen deprivation therapy in combination with external-beam radiotherapy in prostate cancer



Salvage normo-fractionated EBRT with long-term ADT (24 months) is recommended in pN0 patients with high risk of further progression (PSA  $\geq$  0.7 ng/ml and ISUP grade group  $\geq$  4) and a life expectancy of over ten years.

Salvage normo-fractionated EBRT with short-term ADT (6 months) is recommended in pN0 patients with lower risk profile (PSA < 0.7 ng/ml and ISUP grade group 4).

# **GETUG-AFU 16**

# **RTOG 0534 SPPORT**



l'evoluzione al servizio dei pazienti

**RTOG 9601** 











Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

Marvaso et al.

HT = 23%

## Median PSA at BCR= 0.26 ng/ml

Cavallini et al.

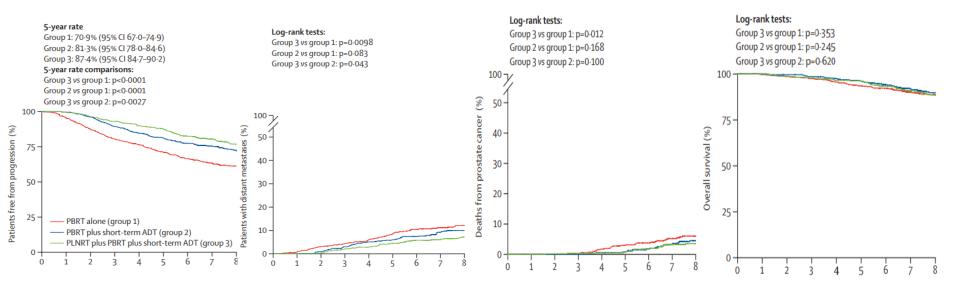
HT = 95% (median duration 12 months, range: 6-25)

Median PSA at BCR= 0.21 ng/ml



# **AIRO20**23

The addition of androgen deprivation therapy and pelvic lymph node treatment to prostate bed salvage radiotherapy (NRG Oncology/RTOG 0534 SPPORT): an international, multicentre, randomised phase 3 trial



#### Pollack A et al, The Lancet 2022





Radioterapia Oncologica: 'evoluzione al servizio dei pazienti



Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

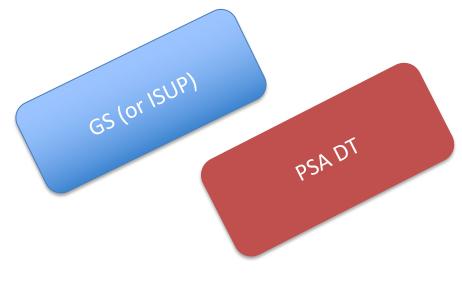






Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

## **BCR Risk Stratification**







# **AIRO20**23

**Prostate Cancer** 

European Association of Urology Biochemical Recurrence Risk Classification as a Decision Tool for Salvage Radiotherapy—A Multicenter Study

### Objective: To assess whether this risk stratification helps in choosing patients for sRT

#### b) a eSBT 0.8 0.8 Cancer-specific survival Cancer-specific survival **Overall** survival Overall survival 0.6 0.6 0.6 0,6 0.4 0.4 0.4 0.4 12 yrs OS= 87% vs 78% 12 yrs CSS= 100% vs 96% 0.2 0.2 0.2 0.2 -12 yrs OS= 81% vs 66% 12 yrs CSS= 98% vs 82% (p = 0, 2)(p = 0, 2)(p < 0,001)(p < 0,001) 0.0 0.0 0.0 Months from BCR Months from BCR Months from BCR Months from BCR EAU high-risk BCR : GS>8 (or ISUP GG 4-5) or PSADT < 12 mo EAU low-risk BCR : GS<8 (or ISUP GG <4) and PSADT >12 mo

Preisser F, EUROPEAN UROLOGY 2023





Radioterapia Oncologica: 'evoluzione al servizio dei pazienti



Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

## **BCR Risk Stratification and Tailored therapy**

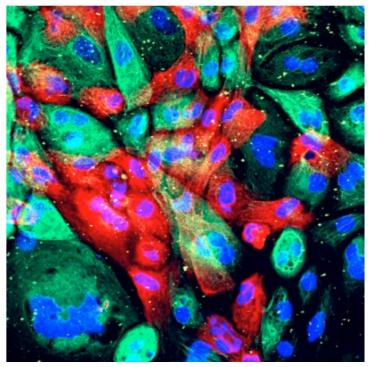






# AIRO2023

## https://www.deciphergenomics.org/



#### Radioterapia Oncologica: l'evoluzione al servizio dei pazient

### Decipher.

#### PATIENT REPORT

REPORT STATUS: FINAL PAGE: 1 OF 3

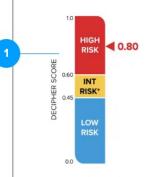
2

3

PATIENT	SPECIMEN INFORMATION	ORDERING PHYSICIAN		
Name: Sample Patient	Order Date://	Name: Sample Physician, MD		
Date of Birth://	Specimen ID:	Clinic: Sample Clinic		
Medical Record #:	Specimen Received Date://	Address: 123 Birch Avenue, Suite A,		
Date of Biopsy://	Decipher Accession ID: MC-123456	Anytown, CA 54321 Additional Physician: Additional Sample Physician, MD		
CLINICAL AND PATHOLOGY D	ETAILS For reference only, not used in calculatic	on of genomic risk		
Specimen: Needle Biopsy	Most Recent PSA: 4.9 ng/mL	NCCN Risk Category: Intermediate		
Clinical Stage: T1c	Gleason Score: 3+4			

SAMPLE REPORT: NOT A REAL PATIENT

#### DECIPHER GENOMIC RISK RESULTS



GENOMIC RISK IS: HIGH 2.6% 6.5% 8.8% 48.1% 5-year 10-year 15-year At RP **Risk of Prostate Cancer Risk of Adverse Risk of Metastasis** with RT<sup>†</sup> or RP<sup>‡</sup> Mortality with RT or RP Pathology Clinical studies have shown that Decipher high-risk patients have an unfavorable prognosis. These patients may benefit from treatment intensification with multimodal therapy, 2-5,9,10 These patients may not be ideal candidates for active surveillance.<sup>1-3,8</sup>

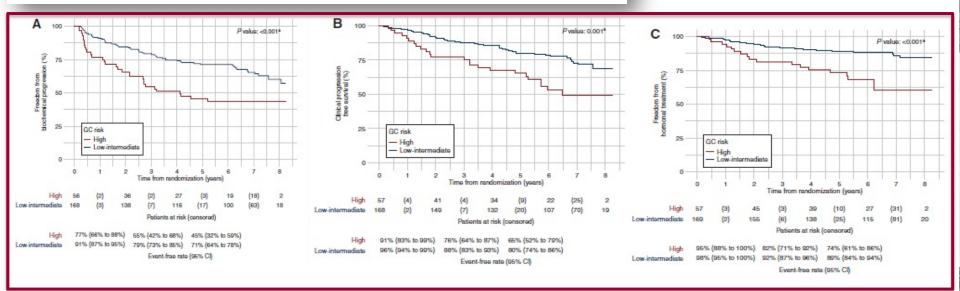
The Decipher score is determined solely by genomic characteristics of the tumor, independent of the NCCN risk category. No other clinical or pathologic parameters factor into the score.



**AIRO2023** 

Radioterapia Oncologica: 'evoluzione al servizio dei pazienti

Validation of the Decipher genomic classifier in patients receiving salvage radiotherapy without hormone therapy after radical prostatectomy – an ancillary study of the SAKK 09/10 randomized clinical trial  $\stackrel{\times}{\approx}$ 



Ann Oncol. 2022 Sep;33(9):950-958



Associazione Italiana Radioterapia e Oncologia clinica

AIRO2023

Radioterapia Oncologica: l'evoluzione al servizio dei pazienti

## **Risk-adapted Salvage Treatment in BCR after PR**

# After RP: PSA > 0.2 ng/ml



## Salvage RT

- PSA level, < 0.7 ng/ml
- PSA DT, < 6 months



## Salvage RT + ADT

- Genomic Classifier score, high
- GS, 8-10 (ISUP 4-5)
- Life expectancy > 10 years
- pre-RT PSA level, > 0.7 ng/ml
- Positive surgical margins



